

141 A north-south cross section of this testament of man's determination to find God. The pyramid is designed on fundamental geometrical ratios, and is square at the base.

The great pyramid is a very large device to support the spiritual process. Such devices while useful, are not worth the price required to obtain them.



142 The boy Christ teaching the doctors sitting atop a spiral holy mountain.

The boy Jesus teaching. Christianity is, as taught by Jesus, an esoteric religion. The exotericisms were added over the centuries following the death of the apostles.



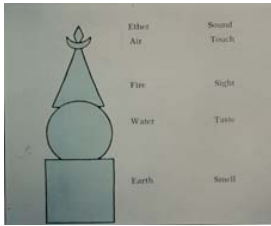
143 The tower of Saint Ivo della Sapienza in Rome spirals 3 1/2 times, like the serpent kundalini.

The design of this 16th century tower in Rome, contains the secret of kundalini. As the ages progressed, the esoterisims were lost to the public and the priesthood but were carried forward by the Masons. Even today, the Masonic liturgy contains the secrets of immortality. The modern masons have lost that meaning.



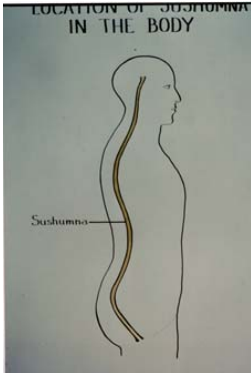
144 After complaints from Indra, the god of the heavens, Vishnu devised a plan to preserve cosmic order. By insisting on the cooperation of the demons, his plan was to activate the dynamic equilibrium of the universal opposing forces. Thus, the demons and the gods alternately haul Shesha, the cosmic serpent, who is wound around the world axis, Mount Mandara and churn the Milky Ocean to produce Amrita, the nectar of immortality.

That secret is contained in this drawing of how the nectar of immortality is created.



145 This abstract of a Buddhist stupa or temple shows the five elements as they are encountered by the kundalini energy as it rises up the sushumna. Earth is toxins; water, emotions; fire, the heat of passion; air, the basis of thought; and ether, the space of consciousness.

Again the secret is in this abstract of a stupa.



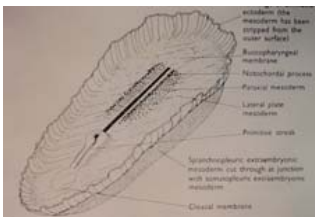
146 The path of the sushumna is overlaid here on the anatomy of the human body. Inside the spinal cord itself is a small channel filled with spinal fluid. In yoga, the spinal fluid is transformed into nectar or amrita. The transformation process adds a missing factor to the cerebrospinal fluid: the genetic-pattern-holding DNA.

Scientifically, the secret is partly exposed by the study of the cerebro-spinal fluid in the center of the spinal cord.



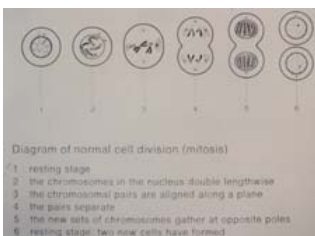
147 The spiraling DNA molecule shown here as a model, is, in humans, a double strand of sugars and phosphates held together by amino acids connected by hydrogen bonds at the centre.

In that fluid are traces of the DNA molecule that contain the body pattern.



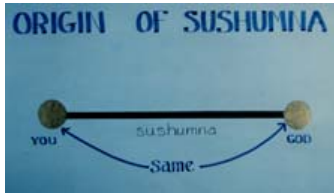
148 The DNA dictates how the body is formed.

In the zygote the sushumna has already formed as directed by the DNA.



149 Earlier still, when the cell first divides, the polarity is clearly evident in drawings 4 and 5. The fuzzy strands are chromosomes made up of DNA. Centrioles above the nucleus stretch out, and in between, spindles are formed. This line of orientation is the cell's sushumna.

This process begins with the division of the cell.



150 The origin of the sushumna is the connecting relationship between you, as a divine entity, and the divine other, God! Your nature and God's nature are the same and perfect; however, it is the relationship between you and God which is to evolve.

God is already totally open to you. Your problem is how to totally open up to God. This gradual evolution is accelerated by a technique called worship.

The DNA spirals around a core. That core is the sushumna. The sushumna is the result of one individual permitting a relationship to flow between itself and another individual. The sushumna is not initially spaced; that is, it does not have a length but is only situational. Length enters only with the introduction of space into our relationships. Study the Basic Truths of Life at this point.



151 In this wall painting from the Egyptian Tomb of Pashed, a man kneels beside Osiris, before whom is a genie holding a vase containing two torches. The eye of Horus above the man also offers the two torches to the god Osiris. Man worships God.

The worship of the sushumna is represented in many forms. Here the god Osiris is the sushumna.



152 Here God responds to a man, Seti I, with the gift of breath or prana.

God responds with the gift of prana that purifies the nadis.



153 God's agent on Earth is Guru. By surrender to Guru the connection with God is made and spiritual growth is assured.

Student worships teacher, the teacher removes the obstacles to the flow of prana.



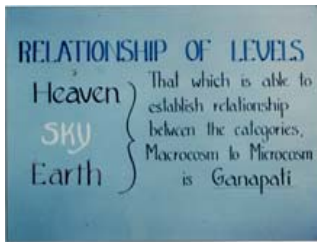
154 In beginning all pujas or worship rituals, Ganesha is first propitiated.

Ganesha is the symbol of that which removes obstacles, the secret of yoga.



155 Ganesha or Ganapati is the Lord of Categories. He connects the macrocosm with the microcosm. He encompasses all levels. He gives knowledge of the universals; he is the gateway to God.

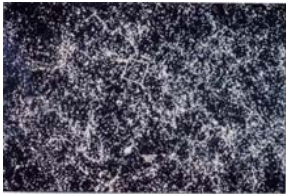
The secret is not a secret, it is just hard to understand, hard to grasp, to get. To get the secret one must give all his wealth, fame and his life to Ganapati. That, actually done, is the first initiation.



156 He is Skanda, the son of Parvati and Shiva. He is the field marshal of Shiva's armies. He dissolves all barriers, permitting union with Absolute Truth. He leads us to understand the heavens.

Ganapati pierces the barrier between the Earth and Heaven (the Sky) by dissolving the prana into its

source: God.



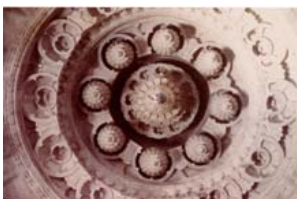
157 The dome of heaven is filled with stars. If the principle of "as above, so below" applies, then there should be stars in the dome of a yoga temple.

When that happens one becomes one with the universe (Other), this is yoga.



158 Looking directly overhead at the underside of the temple dome at Kayavarohana, the formalised star patterns appear. The dome is the counterpart of the human head's dome.

The temple dome at Kayavarohana represents the dome of heaven, the cortex of the brain, the flowers that fall from heaven when a level is achieved.



159 In a certain stage of samadhi, a yogi sees with divine vision the vault of his own head and cerebral cortex, which, to him, looks almost identical to this temple dome.

The nerve patterns in the brain are organized in the same way as these stone flower-stars.



160 Here is another temple ceiling in the Vimala Temple at Mount Abu, Rajasthan, India.

The original designers of these temples were yogins who had had these experiences.



161 As one would expect, just below the stars of heaven are celestial maidens, apsaras. Yogically, apsaras are potentialities or powers that occur as a result of spiritual effort or sadhana.

Apsaras just beneath the flowers are demi-gods. Their purpose in sadhana is to seduce the nivritti sadhaka away from involvement with siddhis.

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The apsaras are the various talents. Their husbands are divine musicians and represent the celestial sounds, visions, dance, smells and touches that occur spontaneously in meditation.



As a pravritti sadhaka or sadhika you should permit yourself to identify with the apsaras and gandharvas, express the divine talents and become rich and famous.



The nivritti dances away his powers; while a pravritti sits straight and concentrates, thus capturing the siddhi.



Apsaras actually take a form in raja yoga and in our subtle body that are not affected by gravity.



A gandharva is a husband of an apsara or water maiden. Water represents potentiality or ability to flow.



The automatic chanting of the shastras occurs in samadhi and is shown here.